



### PERSONAL INFORMATION

Job Title Senior Lectu		turer			
First Name	Uchenna				
Middle Name (ir	nitial) Prosper	Prosper			
Surname	Okonkwo	Okonkwo			
Official Email	<u>up.okonkw</u>	up.okonkwo@unizik.edu.ng			
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#### **WORK/OFFICE INFORMATION**

Programme	Neuro-physiotherapy and Geriatrics	
Department Physiotherapy		
College	Health Sciences	

# BIOGRAPHY (EDUCATION/PROFESSIONAL EXPERIENCE/PROFESSIONAL ACCOMPLISHMENTS)

Biography

Date of Birth: 19th December 1969

Gender: Male Nationality: Nigerian Marital Status: Married

**Next of kin**: Mrs. Ifeyinwa Prosper Okonkwo **Next of Kin Contact**: +2348130808059

Number of children and ages in years: Four (20, 18, 16 & 14)

Present position:

• Senior Lecturer – Department of Medical Rehabilitation, Nnamdi Azikiwe University Awka, Nnewi Campus, Anambra State, Nigeria. 2019 – Date

• Adjunct Senior Lecturer, Department of Physiotherapy Evangel University Akaeze

Salary: CONNUASS 05

# **ACADEMIC QUALIFICATIONS**

S/N	INSTITUTIONS ATTENDED	DEGREE(S) AWARDED	YEAR
1	University of Nigeria, Enugu State, Nigeria	(Doctor of Philosophy (Ph.D. Neuro-physiotherapy)	2016
2	Nigeria Open University	Postgraduate Diploma in Education (PGDE)	2014
3	University of Nigeria, Nsukka, Enugu State, Nigeria	Master of Science (MS.C Medical Rehabilitation)	2009
4	University of Nigeria, Nsukka, Anambra State, Nigeria	Bachelor of Medical Rehabilitation BMR(Physiotherapy),	1995
5	General Certificate of Education	GCE	1989
6	First School Leaving Certificate	FSKC	1982

## **RESEARCH INTERESTS**

KEZE	ARCH INTER	RESTS
S/	INTERESTS	
N 1		Victor Mbanuzuru, A., Uwakwe, R., Sochukwu Anyaoku, C. <i>et al.</i> Generalized anxiety disorder screening using gad-7 among in-school adolescents of anambra state, nigeria: a comparative study between urban and rural areas. <i>Child Adolesc Psychiatry Ment Health</i> <b>17</b> , 91 (2023). https://doi.org/10.1186/s13034-023-00637-4
2		Okafor CN, Onyenekwe CC, Okonkwo UP, et al. Effect of Educational Intervention Program on Self-Efficacy of Individuals with Type 2 Diabetes Mellitus in South-East, Nigeria. <i>Nutrition and Metabolic Insights</i> . 2023;16. doi:10.1177/11786388231181965
3		Uchenna Prosper Okonkwo, Chidinma Chisom Eze, Sam Chidi Ibeneme, Sylvester Emeka Igwe, Uchechukwu Martha Chukwuemeka, Ebere Yvonne Ihegihu, Daniel Chimuanya Ugwuanyi. (2023, June), "Knowledge and utilization of standardized stroke outcome measures among physiotherapists in tertiary health institutions in Anambra State, Nigeria", <i>Bulletin of Faculty of Physical Therapy</i> , Vol. 28, (Issue 21)
4		Christopher Olusanjo Akosile, Nnaemeka Pascal Ngwu, Uchenna Prosper

	Okonkwo, Ifeoma Uchenna Onwuakagba, Emmanuel Chiebuka Okoye. (2023, June), "Neighbourhood Safety, Fall Indices, Physical Activity Level and Social Participation Restrictions from a Population of Community-Dwelling Older Adults in Nsukka, Enugu State, Nigeria.", BMC Geriatrics, Vol. 23, (Issue 358)
5.	Christiana Nkiru Okafor, Christopher Olusanjo Akosile, Chiejina Edith Nkechi1, Uchenna Prosper Okonkwo, Chinenye Mercy Nwankwo, Ijeoma Lewechi Okoronkwo, Pat Uzo Okpala, Anulika Johnson Afonne. (2023, March), "Effect of educational intervention programme on the health-related quality of life (HRQOL) of individuals with type 2 diabetes mellitus in South-East, Nigeria", BMC Endocrine Disorders, Vol. 23, (Issue 75)
6.	Uchechukwu Martha Chukwuemeka, Favour Chidera Okoro, Uchenna Prosper Okonkwo, Ifeoma Adaigwe Amaechi, Anthony Chinedu Anakor, Ifeoma Uchenna Onwuakagba, Christiana Nkiru Okafor. (2023, February), "Knowledge, awareness, and presence of cardiovascular risk factors among college staff of a Nigerian University", Bulletin Faculty Physical Therapy
7.	Maduagwu SM, Zizighi S, Mohammad UA, Nwanne CA, Ani KU, Ihegihu EY, Nwosu IB, Okonkwo AC, Umunnah JO, Okonkwo UP, Muonwe CS, Abamara NC. (2023, April), "Exercise impacts positively on bone mineral density in human immunodeficiency virus seropositive: Do health professionals know?", Iberoamerican Journal of Medicine, Vol. 2, pp 57-67
8.	Ifeoma Uchenna Onwuakagba, Emmanuel Chiebuka Okoye, Leonard Arinzechukwu Simon, Uchenna Prosper Okonkwo, Maduabuchi Joseph Nwankwo. (2023, April), "Burden, needs, and attitude of parents of children with cerebral palsy in a middle-income country", Journal of Public Health
9.	Uchechukwu Martha Chukwuemeka, Uchenna Prosper Okonkwo, Chibuike Jefferen Njoku, Sylvester Emeka Igwe, Taiwo Joseph Oyewumi, Daniel Chimmuanya Ugwuanyi. (2023, March), "Work-related stress, quality of life, and coping mechanism among lecturers in a Tertiary Educational Institution in Anambra State, Nigeria", BMC Psychology, Vol. 11, (Issue 73), pp 1-9
10	Ihegihu Ebere Yvonne, Iwuno Onyebuchi Emmanuel, Okoye Emmanuel

	Chiebuka, Okonkwo Uchenna Prosper, Chukwuka Benjamin Uzodinma, Amaechi Ifeoma Adaigwe, Akobundu Uzoamaka Nwakego. (2022, June), "knowledge, attitude, and Practice of community physiotherapy among Physiotherapists in Southeastern Nigeria: a cross-sectional Study, vol. 10, (issue 2), pp 75-82
11 .	Sam Chidi Ibeneme, Victor Chukwuebuka Uwakwe, Hellen Myezwa, Franklin Onyedinma Irem, Fortune Elochukwu Ezenwankwo, Tunde Adedayo Ajidahun, Amarachi Destiny Ezuma, Uchenna Prosper Okonkwo, Gerhard Fortwengel. (2022, May), "Impact of exercise training on symptoms of depression, physical activity level and social participation in people living with HIV/AIDS: a systematic review and meta-analysis", BMC Infectious Diseases, Vol. 22
12	Maduagwu Stanley, Maryam Muftaudeen, Chidile Muonwe, Chuka Ifeanyi Umeonwuka, Chiamaka Ann Nwanne, Cornelius Mahdi Ishaku, Uchenna Prosper Okonkwo, Ebere Yvonne Ihegihu, Ifeoma Nwosu, Ali Alhaji Modu. (2022, July), "Physiotherapists' perception on first contact practice in Nigeria: a cross-sectional survey", Bulletin Faculty Physical Therapy, Vol. 27, (Issue 1), pp 1-8
13	Uchenna Prosper Okonkwo, Chukwuebuka Fortune Agbo, Sam Chidi Ibeneme, Emeka Sylvester Igwe, Christopher Olusegun Akosile, Ifeoma Uchenna Onwuakagba, Okoye Chiebuka Emmanuel, Stanley Monday Maduagwu, Elochukwu Fortune Ezenwankwo, Echezona Nelson Ekechukwu. (2022, September), "The Burden and Quality of Life of Caregivers of Stroke Survivors with Cognitive Impairment in Selected Healthcare Facilities in Anambra State, Nigeria", Gerontology and Geriatric Medicine, Vol. 8, pp 23337214221126329
14	Uchenna Prosper Okonkwo, Ebubechukwu Maryrita Anyoke, Ebere Yvonne Ihegihu, Ifeoma Uchenna Onwuakagba, Emmanuel Chiebuka Okoye, Uzoamaka Nwakaego Akobundu, Afamefuna Victor Egwuonwu, Ifeoma Blessing Nwosu, Ifeoma Adaigwe Amaechi, Christian Arinze Okonkwo. (2022, July), "Profile of Stroke Survivors Managed at the Physiotherapy Department of a Tertiary Teaching Hospital in Southeast Nigeria", Tropical Journal of Medical Research, Vol. 21, (Issue 1), pp 45-54

15 .	Emmanuel C Okoye, Ifeoma U Onwuakagba, Cynthia C Akile, Uchenna P Okonkwo, Christopher O Akosile, Ukamaka G Mgbeojedo, Taiwo J Oyewumi, Oluwaseun S Kubeyinje. (2022, April), "Social Support, General Self-Efficacy, Fear of Falling, and Physical Activity Among Older Adults in a Middle-Income Country", Gerontology and Geriatric Medicine, Vol. 8, pp 23337214221097750
16	Ebere Ihegihu, Kenechukwu Anyaeche, Chima Ihegihu, Chidozie Mbada, Ifeoma Uchenna Onwuakagba, Ifeoma Adaigwe Amaechi, Martins Nweke, Uchenna Prosper Okonkwo. (2022, June), "Physical Activity Participation, Exercise Self-Efficacy, and Self-Motivation Among Students in A Nigerian University", Journal of Biomedical Investigation, Vol. 10, (Issue 2)
17	Okonkwo, U. P., Okechukwu Daniel, O., Onwuakagba, I. U., Okoye, E. C., Igwe, E. S., Maduagwu, S. M., Ani, K. U., Ekechukwu, E. N. D., Amaechi, I. A., & Nwosu, I. B. (2022). Knowledge and perception of clinical physiotherapy students about physiotherapy management of stroke survivors with visual impairment. British Journal of Visual Impairment, 0(0). https://doi.org/10.1177/02646196221131737
18	Ebere Ihegihu, Kenechukwu Anyaeche, Chima Ihegihu, Chidozie Mbada, Ifeoma Uchenna Onwuakagba, Ifeoma Adaigwe Amaechi, Martins Nweke, Uchenna Prosper Okonkwo. Physical Activity Participation, Exercise Self-Efficacy and Self-Motivation Among Students in A Nigerian University. Journal of Biomedical Investigation - Volume 10, Number 2, June 2022
19	Ibeneme, S.C., Uwakwe, V.C., Myezwa, H. et al. Impact of exercise training on symptoms of depression, physical activity level and social participation in people living with HIV/AIDS: a systematic review and meta-analysis. BMC Infect Dis 22, 469 (2022). https://doi.org/10.1186/s12879-022-07145-4
20	Ibeneme, S.C., Eze, J.C., Okonkwo, U.P. et al. Evaluating the discriminatory power of the velocity field diagram and timed-up-and-go test in determining the fall status of community-dwelling older adults: a cross-sectional observational study. BMC Geriatr 22, 658 (2022). https://doi.org/10.1186/s12877-022-03282-2

21	Stanley, M., Muftaudeen, M., Muonwe, C. Umeonwuka C, Nwanne CA, Cornelius I, Uchenna O, Ebere, YI Nwosu I, and Aliet AM. Physiotherapists' perception on first contact practice in Nigeria: a cross-sectional survey. Bull Fac Phys Ther 27, 30 (2022). https://doi.org/10.1186/s43161-022-00088-6
22	Okonkwo, U., Anyoke, E., Ihegihu, E., Onwuakagba, I., Okoye, E., Akobundu, U., Egwuonwu, A., Nwosu, I., Amaechi, I., & Okonkwo, C. (2022). Profile of Stroke Survivors Managed at the Physiotherapy Department of a Tertiary Teaching Hospital in Southeast Nigeria. Tropical Journal of Medical Research, 25(1), 35–44. https://doi.org/10.5281/zenodo.6514737
23	Okoye EC, Onwuakagba IU, Akile CC, Okonkwo UP. et al. Social Support, General Self-Efficacy, Fear of Falling, and Physical Activity Among Older Adults in a Middle-Income Country. Gerontology and Geriatric Medicine. January 2022. doi:10.1177/23337214221097750
24	Okonkwo, U.P., Ibeneme, S.C., Ezenwankwo, E.F. et al. Gender response to 10 weeks' acupuncture-TENS application on patients who presented with post-injection sciatic pain. Bull Fac Phys Ther 26, 16 (2021). https://doi.org/10.1186/s43161-021-00034-y
25	Okonkwo, U.P., Ihegihu, E.Y., Maruf, F.A. et al. Physiotherapists' perception of physicians' referral of patients for physiotherapy in the Nigerian health system. Bull Fac Phys Ther 26, 32 (2021). https://doi.org/10.1186/s43161-021-00051-x
26	Okonkwo, U.P., Uzuh, F.N., Nwankwo, M.J. et al. Awareness of the risk factors of stroke among the non-teaching staff of the Nnamdi Azikiwe University, Nnewi Campus, Anambra State, Nigeria. Bull Fac Phys Ther 26, 37 (2021). <a href="https://doi.org/10.1186/s43161-021-00057-5">https://doi.org/10.1186/s43161-021-00057-5</a>
27	Okonkwo, U.P., Ibeneme, S.C., Ezenwankwo, E.F. et al. Gender response to 10 weeks' acupuncture-TENS application on patients who presented with post-injection sciatic pain. Bull Fac Phys Ther 26, 16 (2021).

	https://doi.org/10.1186/s43161-021-00034-y
28	Okonkwo, U.P., Ihegihu, E.Y., Maruf, F.A. et al. Physiotherapists' perception of physicians' referral of patients for physiotherapy in the Nigerian health system. Bull Fac Phys Ther 26, 32 (2021). https://doi.org/10.1186/s43161-021-00051-x
29 .	Fatai Adesina Maruf, Kenneth Ani, Christopher Olusanjo Akosile, Obinna Dickson Nwodo, Prosper Uchenna Okonkwo, Peter Agba Awhen. Correlates and predictors of Disability-related to Chronic Low-Back Pain in a Nigerian population. Journal of Musculoskeletal Research, 2021.https://doi.org/10.1142/S0218957721500111
30	Echezona Nelson Dominic Ekechukwu, Nelson Okogba, Kingsley Obumneme Nwankwo, Nmachukwu Ifeoma Ekechukwu, Amaka Gloria Mgbeojedo, Olusegun Adeyemi Adejare, Uchenna Prosper Okonkwo, Victor Adimabua Utti. Are the Psychosocial and Physical Disabilities of Stroke Survivors Ageing Related? Congress of the International Ergonomics Association. Vol, 223, Pg. 509-516. Springer, Cham. 2021/6/13
31 .	Uchenna Prosper Okonkwo, Joseph Onuwa Umunnah, Ebere Yvonne Ihegihu, Fatai Adesina Maruf, Emmanuel Chiebuka Okoye, Chukwuebuka Olisaemeka Okeke and Chisom Godswill Chigbo. Availability and Utilization of Personal Protective Equipment by Nigerian Physiotherapists during the COVID-19 Pandemic. Asian Journal of Medicine and Health 19(2): 36-53, 2021; Article no. AJMAH.64999 ISSN: 2456-8414. DOI: 10.9734/AJMAH/2021/v19i230304
32	Joseph Onuwa Umunnah, Mercy Onyinye Okoli, Ifeoma Uche Onwuakagba, Christopher Olusanjo Akosile, Fatai Adesina Maruf, & Prosper Uche Okonkwo. Effects of Cold Application on Pressure Sensation, Two-Point Discrimination, and Maximal Isometric Muscle Strength. BAJEBAP 2020; 6(1): 363-369 – 363.
33	Maruf FA, Odetunde MO, and Okonkwo PU Association between physical activity level and blood pressure: varied and graded mediating effects of obesity indices in schoolchildren. Cardiology in the Young, page 1 of 7 (2020).

	Doi: 10.1017/ S1047951119003172
34	Nwankwo M.J, Okoye E.C, Ifezue A.G, Ucheolu N.I, Egwuonwu V.A, Okonkwo U.P. Knowledge and Attitude of Health Science Students towards Epilepsy in a Nigerian University Afr. J. Biomed. Res. Vol. 22 (May 2019); 151-156.
35	Emmanuel Chiebuka Okoye1, Stella Onyinye Oyedum, Christopher Olusanjo Akosile, Ifeoma Uchenna Onwuakagba, Peter Olanrewaju Ibikunle, Uchenna Prosper Okonkwo and Ifeoma Adaigwe Okeke. 'Cross-cultural adaptation and validation of the reintegration to normal living index into IGBO language among individuals with mobility disability https://doi.org/10.1186/s41687-019-0139-9. Journal of Patient-Reported Outcomes
36	Ihegihu CC, Ihegihu EY, Egwuonwu AV, Okonkwo UP, Ibikunle PO, Anumba CE. Reference Intervals of Serum Cartilage Oligomeric Matrix Protein in Nigerian Adults at Nnewi: A Pilot Study. Online J Health Allied Scs. 2018;17(4):8. <a href="https://www.ojhas.org/issue68/2018-4-8.html">https://www.ojhas.org/issue68/2018-4-8.html</a>
37	Okonkwo, U., Umunna, J., & Ihegihu, C. (2019). A 3-Year Physiotherapy Management of a Case of Spinal Poliomyelitis Referred at Three Months Post Paralysis. Asian Journal of Pediatric Research, 2(1), 1-10. https://doi.org/10.9734/ajpr/2019/v2i130095
38 .	Okonkwo, U.P., Ibeneme, S.C., Ihegihu, E.Y. et al. Correction to: Effects of transcutaneous electrical nerve stimulation in the Management of Post-Injection Sciatic Pain in a non-randomized controlled clinical trial in Nnewi, Nigeria. BMC Complement Altern Med 19, 12 (2019). https://doi.org/10.1186/s12906-018-2398-z
39	Okonkwo UP, Ibeneme SC, Ihegihu EY, Egwuonwu AV, Ezema IC, Maruf AF, Okoye EC, Ibikunle OP, Ezekwu AO "Effects of transcutaneous electrical nerve stimulation in the Management of Post-Injection Sciatic Pain in a non-randomized controlled clinical trial in Nnewi, Nigeria" BMC Complement Altern Med. 2018 Nov 26;18(1):310. DOI: 10.1186/s12906-018-2373-8.PMID:30477485

" Ifeor	ma Collins Ihegihu, Ebere Yvonne Ihegihu, Emmanuel Chiebuka Okoye, ma Adigwe Okeke, Prosper Uchenna Okonkwo, Rita Nkechi Ativie. Oral ofenac Sodium, Quadriceps Strengthening Exercises and Infrared iation Therapy in the Treatment of Osteoarthritis of the Knee in a Southern Nigerian Population. International Journal of Health Sciences and earch. Vol. 8; Issue: 10; October 2018
Egw Mon and Rese	P. Okonkwo, S. C. Ibeneme, C. Ihegihu, I. C. Ezema, E. C. Okoye, V. A. Yuonwu, E. N. Ekechukwu, O. Azubike. Stroke Severity Variations in a 12 of the Prospective Study Involving Sub-Acute Ischemic Stroke Survivors with Without Cognitive Impairment in Nnewi, Nigeria. Asian Journal of earch and Reports in Neurology. AJORRIN.42208 DOI: 734/AJORRIN/2018/42208
Afar Mar bala Sele Reha	enna Prosper Okonkwo, Sam Chidi Ibeneme, Ebere Yvonne Ihegihu, mefuna Victor Egwuonwu, Charles Ikechukwu Ezema & Fatai Adesina uf (2018) Effects of a 12-month task-specific balance training on the nce status of stroke survivors with and without cognitive impairments in cted Hospitals in Nnewi, Anambra State, Nigeria, Topics in Stroke abilitation, DOI: 10.1080/10749357.2018.1465747Top Stroke Rehabil. 8 Jul; 25(5):333-340.
Oko Strei Man	re Yvonne Ihegihu, Chima Collins Ihegihu, Egwuonwu Afamefuna Victor nkwo Uchenna Prosper. Comparative Efficacy of Quadriceps ngthening, Infrared Radiation Therapy and Oral Diclofenac Sodium in the agement of Symptomatic Osteoarthritis of the Knee. Journal of Health nce; 2018; 8(1): 12-18. DOI: 10.5923/j.health.20180801.03
Egw Outo Stro Asia	P. Okonkwo, G. C. Okoye, A. O. Ezeukwu, M. J. Nwankwo, V. A. ruonwu, O. P. Ibikunle, C. O. Azubike, E. E. Okoye Cognitive Recovery come in a 12 Month Quasi-Experimental Study Involving Sub-Acute ke Survivors in Selected Hospitals in Nnewi, Anambra State, Nigeria: in Journal of Medicine and Health, 7(4): 1-12, 2017; Article no. IAH.36206
45 Oko	nkwo U. P., Okoye G. C, Ibeneme S. C. Ihegihu Y. E, Egwuonwu V. E.,

	Nwankwo M. J, Ummuna J. O. Effects of Proprioceptive Neuromuscular Facilitation and Balance Training on Activities of Daily Living (ADL) of Stroke Survivors with and without cognitive; Impairment International Journal of Stroke Research, Vol. 5 No. 1, 2017, pp.1-9. DOI: 10.5923/j. stroke 20170501.01.
46	C.N. Ofiaeli, A.V. Egwuonwu, M. J. Nwankwo, Y. E. Ihegihu and U. P. Okonkwo The Relationship between Selected Anthropometric Indices and Cardiorespiratory Fitness in Apparently Healthy Young Adults in a Nigerian Community; Journal of Advances in Medical and Pharmaceutical Sciences, 14(2): 1-9, 2017; Article no. JAMPS.33677
47	Umunnah J.O, Okoye, N. A, Sibeudu, F. T., & Okonkwo P. U. Prevalence of Low Back Pain among Occupational Motorcycle Riders in Nnewi, Anambra State; Journal of Biomedical Investigation, December, 2015:10(1)21
	Selected Conference Presentations
1.	S. Ibeneme, J.C. Eze, U.P. Okonkwo, G.C. Ibeneme, G. Fortwengel. (2023, June), "Evaluating The Discriminatory Power of the Velocity-Field-Diagram & Timed-Up- And-Go Test in Determining the Fall Status of Community-Dwelling Older Adults", Wcpt 2023, Pp Pl-1354
	Ifeoma C. Nwosu, Divinefavor Onyekelu, Prosper U. Okoknwo,Ezinne C. Ekediegwu,Stanley Maduagwu,Micheal D. Ogunlana, Yvonne Y. Ihegihu, Ekpudayo Ogunkunle, Ogochukwu Umeonwuka. (2022, November), "Quality of life of older persons with disability and their attitude towards physical activity participation in selected local government area, Enugu-Nigeria", Ankara Virtual Conference
3.	Ifeoma B. Nwosu, Maryimmaculate N. Egwim, Stanley Maduagwu, Ezinne C. Ekediegwu, Micheal C. Ogunlana, Prosper U. Okonkwo, Yvonne E. Ihegihu, Ekudayo Ogunkunle. (2022, December), "Physical functioning among community-dwelling individuals with knee osteoarthritis in Nnewi North Local Government Area, Anambra-Nigeria", Ankara International Congress on Scientific Research-V11

- 4. U.P, Ibeneme S, Ihegihu Y. E, Okoye G. C. Effects of Transcutaneous Electrical Nerve Stimulation in the Management of Post Injection Sciatic Pain. Okonkwo NSP Neuro-Physiotherapy Specialty Group 3-Day Scientific Conference and Workshop. August 29<sup>th</sup> 31, 2016 at Dept. Of Med. Rehab. University of Nigeria, Enugu Campus
- 5. U.P, Ihegihu Y. E, Nwosu M. C. et al. 2015. A 12 Month Proprioceptive Neuromuscular Facilitation and Balance Training on Functional Recovery of Stroke Survivors with Associated Cognitive Impairment, Okonkwo, At NSNS Annual General Meeting and Scientific Conference Nnewi, 2015
- 6. Ummunah JO, Duru, CE, Ibikunle, PO & Okonkwo UP "Attitude and Perception of physiotherapists towards Home-based Physiotherapy Service in South-Eastern Nigeria"; EDO 31<sup>st</sup>, 2012. 52<sup>nd</sup> Annual NSP scientific conference.
- 7. Ebere Ihegihu, Chima Collins Ihegihu, Babtunde Adegoke, Sam Ibeneme, Joseph Onuwa Umunnah, Prosper Uchenna Okonkwo, Ifeoma Blessing Nwosu. The effect of Ultrasound Therapy on serum levels of cartilage oligomeric matrix protein and hyaluronic acid symptomatic knee osteoarthritis patients in a Nigerian population. Poster Presentations. 2021 Back & Neck Pain Forum. Global Virtual Conference; Nov 11-Nov 13
- 8. Ihegihu, Y. E; Anyaeche, K.L; Ihegihu C. C.; Amaechi, I. A.; Nwosu, I. B; Okonkwo U. P.; Maduagwu, S; Iheukwumere, N. Correlation among Physical Activity, Exercise Selfefficacy, and Exercise Self-motivation among undergraduate students of the Faculty of Health Science and Technology, Nnamdi Azikiwe University, Nigeria. ACAPEN National Scientific Conference, Lagos, 2021

### MEMBERSHIP OF PROFESSIONAL BODIES

S/N	PROFESSIONAL BODY
1	Nigeria Society of Physiotherapy (NSP)
2	Nigeria Society Neuro-Group